All meals include a choice of 1% milk or fat free chocolate milk

JANUARY 2021

Cashmere Grab-n-Go

**Daily fruit and veggie <u>may</u> include salad mix, carrots, broccoli, cauliflower, and cucumbers, apples, bananas, oranges and grapes.

All grains are at least 51% whole grain

Monday **Tuesday** Wednesday **Thursday Friday** Cereal/Muffin Cereal/Muffin Pancake Wrap **Breakfast Burrito** Oatmeal Bar with Yogurt 6 Pepperoni Pizza Ripper Teriyaki Beef Dippers Chicken Burger **Turkey Sandwich** Drumstick Breadstick Chips Chips **Baked Beans** Oatmeal Bar with Yogurt 15 Egg & Cheese Muffin 111 Cereal/Muffin 12 13 Bagel with Cream Cheese 14 Breakfast Pizza Cheese Pretzel Chicken Nuggets Wild Mike's 3-Cheese Pizza Breaded Pizza Sticks Chicken Burger **Baked Beans** Corn Yogurt Marinara Sauce Chips Cereal/Muffin Cereal/Muffin 20 Apple Cinnamon Bar 21 22 19 Early Release Oatmeal Bar with Yogurt Yogurt Pepperoni Pinwheel Pizza Turkey Sandwich Hamburger Taco Snack Wrap Chips Chips NO SCHOOL Dr. Martin Luther King, Jr. Day Oatmeal Bar 27 28 Cereal/Muffin 25 **Breakfast Burrito** 26 Cereal/Muffin Breakfast Pizza Yogurt Pepperoni Pizza Ripper Drumstick Taco Snack Wrap Chicken Nuggets **Breaded Pizza Sticks Baked Beans Biscuit** Marinara Sauce

IMPORTANT NOTICE: Cashmere School District is **NOT** peanut or tree nut free. Your child may be exposed to peanuts or tree nuts in the course of their day while in any Cashmere School District property.

This institution is an equal opportunity provider and employer.

Menu subject to change